



**We're very excited to have you here!
Here is a guide to everything you need
to know!**

Explorers:

2 years old

1. Drop-off ends at 9:30 am

- Late drop-offs will only be allowed for check-up appointments with a note from the doctor's office, and notice ahead of time.
- Due to limited space in the classroom, please do not leave the car seat in the classroom unless necessary (ex: if another family member is picking up and needs the car seat).

2. Milk and Water Cup ✨

- Your baby is officially 2! This is a big stage developmentally and we are so excited to watch them grow! Please bring one sippy cup/bottle for milk that the teacher can keep filled with whole milk for meals, and one for water to keep your baby hydrated throughout the day.
 - If your child has any restrictions/dietary needs regarding milk, please see administration to get the proper documentation so that we can provide a milk alternative.
- All sippy cups, and other components should come to the center labeled with your child's name.

3. Nap & Meal Times

- Your child will be assigned their own cot for nap time. They are allowed a blanket or nap mat and a pillow to make sure that they are as comfortable as possible.
- Meals are given on schedule. The times are as follows:
 - Breakfast 8:00 am, Lunch 11:00 am, Nap 12-2 pm, Snack 2:30 pm
 - If you opt to provide the food for your Explorer, please make sure you are bringing enough food for the meals you request them to eat.
 - If you opt for the Center to provide food for your Explorer, you will need to approve and sign a menu.
- The Watch Me Grow cameras will be shut off during nap. However, if we ever need to have access to the footage, we are able to check the backlog to make sure that we are always aware of anything happening in your baby's room.

4. What to Pack Every Day

- Full-size diaper bag or backpack
 - A full-size bag is so important to keep all your child's items organized. Make sure we have their bag daily.
- Diapers/Pull-Ups
 - At the beginning of every week, bring in a labeled pack of diapers to stay at daycare. If you're unsure of how many diapers your baby will need, pack 8-10 per day. Then, in your daily bag, pack a few extra diapers just in case. It's better to send too many than not enough. Be sure to label each diaper with your child's first name and last initial. You can also write your child's name on the box of diapers and leave the box with the teacher so that they can ensure a full supply for your baby.
- Rash Cream or Ointment
 - Please make sure to pack your preferred brand and label it with your child's name. It is much better to have some on hand if there is ever a need. Be sure to label with your child's name and last initial.

- Wipes (if sensitive skin)
 - Unscented wipes of various brands are provided by the center. If you prefer your child to have their own from home, please send a full container of wipes at the beginning of the week. Check every few days to see when you'll need a pack to refill the package. Include a smaller package in the daily diaper bag. These can be used in case you forget to bring a refill for your at-daycare stash. Be sure to label with your child's first name and last initial.
- Cup (for water)
 - Water should be offered at meal times when food is offered. And to keep your baby hydrated throughout the day.
- Cup (for milk)
 - Milk should be offered at meal times when food is offered.
- Food (if necessary)
 - Food is required if you do not want the center to supply the meals.
- Extra clothing
 - Send two to three, gallon-size, resealable plastic bags with an extra outfit in each. Don't forget socks because accidents can travel far! These extras can be kept in your bag that stays at the daycare. Caregivers can use plastic bags to send home dirty clothes. Beware: Some things you send to daycare could get lost or ruined.
 - Your child is there to have fun, which includes playing with arts and crafts and maybe even food. So stains will happen. Avoid sending anything that can't be easily replaced.
 - It is important that your child's clothes not only be comfortable, but be easy to put on and take off during diaper changes and easy for them to maneuver while potty training.
- Blanket
 - You may bring a blanket for your little one to keep them comfortable. Keep in mind that children under the age of 12 months are not allowed to sleep with a blanket or pillow of any sort.
 - Blankets may be kept at the center for the week and will be sent home on Fridays to be cleaned.

- Closed toe shoes
 - Please remember to dress your child in comfortable, closed toe shoes so that we can ensure that they can run around and play freely and safely.
- Sunscreen and sunhat

5. Potty Training

- It is at this stage that we will start working with you and your toddler on potty training. We will remain consistent and team up to ensure consistency at home and at daycare.
 - Always pack extra clothes and pull-ups because accidents happen!
 - We will help lift up your child during this transition. However, we cannot reward your child with candy or food to encourage them to use the potty.

*** LABEL EVERY ITEM YOU SEND TO DAYCARE! ***

There are many options available for labeling your child's clothes, blankets, and supplies. Permanent markers work well for plastic bags, diaper boxes, and other containers. Consider iron-on labels for blankets and clothing. Masking tape, painters' tape, or wide rubber bands are all good options for labeling bottles.